

BIRD ROCK TWIRL

About:

Baton twirling is a spirit sport of agility and coordination, coupled with grace and flexibility. Students (K-5) will learn twirling fundamentals and basic dance skills. Class is taught by Bird Rock mom, pediatric physical therapist, former collegiate feature twirler, and state & national champion.

Session Cost: **$300** ($40 for baton, if needed)

Date/Time: **Wednesdays 12:15-1:45**
(Dates: 8/19-11/4)

Location: **Kindergarten Grass Area**
(Kinder will be picked up from classrooms)

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